

# Statement of the European Committee for Homeopathy



The ECH strongly advises the implementation of:

Directives 2001/83 EC on homeopathic products,

2018/848 EC on organic farming and,

Regulation 2019/06 EC on veterinary medicinal products.

Also, to integrate homeopathy in human and veterinary health care.

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| <p><b>Homeopathy is safe and cost-effective with a high patient satisfaction.</b></p>  | <p><b>EU consumers acknowledge homeopathy as a full part of their health care</b></p>  |
| <ul style="list-style-type: none"> <li>• Homeopathy, when integrated in health care, can lead to lower health care costs. <sup>10 11 12</sup></li> <li>• Homeopathic treatment is safe, with a high patient satisfaction. <sup>13 14 15 16</sup></li> <li>• Patients have a better outcome overall compared with conventional treatment, with similar costs. <sup>17</sup></li> <li>• Quality, safety, and correct labelling of homeopathic products is guaranteed by Directive 2001/83 EC.</li> </ul>                       | <ul style="list-style-type: none"> <li>• Homeopathy is reported as the most used medical complementary medicine in Europe. <sup>18</sup></li> <li>• Three out of four European citizens know about homeopathy and out of those, 29% use it for their day to day health care. <sup>19</sup></li> </ul>  |
| <p><b>Homeopathy could greatly contribute to the health of European citizens</b></p>   | <p><b>There is evidence for clinical and biological efficacy of homeopathic medicine.</b></p>  |
| <ul style="list-style-type: none"> <li>• Homeopathy helps reduce the need for antibiotics in human and animal health care, thus reducing the problem of antimicrobial resistance. <sup>1 2</sup></li> <li>• Homeopathy, when integrated in health care, increases quality of life and reduces severity of complaints in patients with chronic disease. <sup>3 4 5 6 7 8</sup></li> <li>• When integrated in health care, homeopathy can reduce the use of long-term conventional prescription drugs. <sup>9</sup></li> </ul> | <ul style="list-style-type: none"> <li>• Clinical effects of have been confirmed by systematic reviews and meta-analyses. <sup>20 21 22 23 24 25 26</sup></li> <li>• When the efficacy of homeopathy for specific clinical conditions was not confirmed, doubts were raised regarding correct procedures, impartiality, and final conclusions. <sup>27 28 29 30 31 32 33</sup></li> <li>• It seems that when the active principles of homeopathy seem unbelievable, it is easier to deny its therapeutic efficacy. <sup>34</sup></li> <li>• Proof of the effects of highly diluted substances in laboratory settings has been delivered. <sup>35 36</sup></li> </ul> |

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