

Homeopathy *and* Ophthalmology



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Challenges in Conventional Ophthalmology Care

One of the more challenging problems in the management of ophthalmologic disease in the United States is the myriad of side effects resulting from conventional medical treatment.¹⁴⁶ These medication side effects reduce patient compliance, prolong suffering and increase both morbidity and mortality from these conditions. Homeopathic treatment, on the other hand, treats these eye illnesses without inducing medication related side effects, and in many cases (i.e., glaucoma) has been shown to reduce the need for conventional medications as well as the need to repeat them so frequently.¹⁴⁷

For example, intravitreal injections for conditions like wet macular degeneration are sometimes associated with severe and intolerable side effects including endophthalmitis, glaucoma, retinal detachment,

cardiovascular events and stroke. Because these injections are recommended monthly, or bimonthly, the cumulative risk of developing complications is significant.

Cost

The cost for these injections amounts to nearly 12% of the annual Medicare Part B budget. A recent 5-year analysis estimated that the total expenditure for these procedures alone has reached a staggering \$1.3 billion and continues to rise.¹⁴⁸ Several published articles in peer reviewed journals demonstrate the benefits of using homeopathy in the management of these and other chronic eye diseases.^{149, 150, 151}

¹⁴⁶ Radhakrishnan, S., MD, & Iwach, A, MD. (2016). Glaucoma Medications and their Side Effects. Retrieved December 17, 2018, from <https://www.glaucoma.org/gleams/glaucoma-medications-and-their-side-effects.php>

¹⁴⁷ Falavatjani, K. G., & Nguyen, Q. D. (2013). Adverse event and complications associated with intravitreal injection of anti-VEGF agents: a review of literature. *Eye* 27(7) 787. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3709385/>

¹⁴⁸ Medicare Spending on Anti—Vascular Endothelial Growth Factor Medications. Shriji Patel, MD. Correspondence information About The Author: MD Shriji Patel <https://www.sciencedirect.com/science/article/abs/pii/S2468653017305869>

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¹⁵⁰ Kondrot EC. Three Cases of ARMD. *Am J Homeop Med* 2017; 110(4): 20-25. <https://tinyurl.com/HomeopathyChronicEyeDisease>

¹⁵¹ Whitmont RD. A Case of Vitritis, iritis-Panuveitis and Retinal Hemorrhage. *Am J Homeop Med* 2018;111(3).

Homeopathic Medicine in Ophthalmology

Clinical (unpublished) data on the co-administration of homeopathic medicine demonstrates a reduction in the need and frequency for intraocular injections, a reduction in the complication rate from these injections, and a reduction in the cost of treatment.

Homeopathic medicine has been shown to be extremely effective in the treatment of both conjunctivitis' and dry eyes, two conditions whose combined cost is more than \$4.43 billion annually^{152, 153} Homeopathic treatment is far less costly and in some cases much more effective than conventional treatment without inducing antibiotic resistance or recurrent infections.

Other published data demonstrate the benefit of using homeopathic medicine in many other ophthalmic conditions including the treatment of

ocular trauma,¹⁵⁴ conjunctivitis,^{155, 156, 157} epidemic conjunctivitis,^{158, 159, 160} diabetic retinopathy,¹⁶¹ neonatal ophthalmic infections,¹⁶² hemorrhagic conjunctivitis,¹⁶³

myopia,^{164, 165} and prevention (homeoprophylaxis) of conjunctivitis.¹⁶⁶

Many ophthalmologic conditions have been shown to respond favorably to homeopathic treatment without inducing side effects commonly associated with conventional medical treatments. There are distinct advantages to using homeopathy in the treatment of both acute and chronic ophthalmic conditions that FDA and other agencies should consider in determining the usefulness of using homeopathy in primary care.

About The Author:

Edward C. Kondrot, MD, DHT has been in private practice of ophthalmology for the past thirty years. He has published three books on the natural treatment of Eye disease and the design of residential intensives for multi-modal natural therapies for chronic eye conditions. He is Board Certified by the American Board of Ophthalmology.

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¹⁵³ Yu IL, Asche CV, Fairchild CI. The economic burden of dry eye disease in the United States: a decision tree analysis. *Cornea* 2011;30(4379- 87. doi: 10.1097/C0.01.013e3181f7f363. <https://www.ncbi.nlm.nih.gov/pubmed/21045640>

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¹⁵⁶ Clinical Notes: Kondrot BC, submitted October 2018. <https://homeopathychoice.org/wp-content/uploads/2019/01/A-Cam-of-Vitritis-iritis-Panuveitis-and-Retinal-Hemorrhage.pdf>

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